



Healthy Families Referral Form

Serving 12 Tennessee Counties

Healthy Families is a *free, voluntary* in-home service that can support you through the joys and challenges of parenting. Healthy Families is a parent and family support program focusing on early childhood health, development, literacy, and school readiness. Healthy Families can give you and your family support from pregnancy through the most important years of your child's life. Family eligibility includes parents who are expecting a new baby or have a baby who is less than 90 days old. A trained Family Support Specialist will come to visit with you in your home and work with you in these areas:

- Help with relieving the stress a new baby brings
- Information on infant care, child health care, growth and development, nutrition, and safety needs
- Education on parenting skills and tools to strengthen family life
- Services addressing family and children's needs, with links to community resources

_____ I would like a Healthy Families representative to contact me with more information.

Mother's Name: _____ Mother's DOB: _____

Father's Name: _____ Father's DOB: _____

Phone Number: _____

Address: _____

County: _____

First Time Parent: (check one) _____yes _____no

Marital Status: (check one) _____ Single _____ Married _____ Separated _____ Divorced

Type of Referral: (check one) _____ Prenatal (Due Date: ____/____/____) _____ Post Partum (DOB: ____/____/____)

Agency Making Referral: _____

Agency Contact Information: _____

Additional Information: _____

Bedford, Franklin, Lincoln, Marshall, and Moore
County fax referral to: **931-684-5140**

Cheatham, Houston, Montgomery, Robertson
Stewart, Sumner, and Trousdale County fax
referral to: **931-645-3934**