

Bedford
County
Resource
Guide

2022

Table of Contents

Emergency/National Hotlines.....	3
Child Services.....	4-5
Domestic Violence/Homeless/Temporary Housing.....	5-6
Drug/Alcohol.....	6-7
Food/Clothing/Financial Assistance.....	8-9
Medical/Health.....	9-10
Mental Health.....	11-13
Churches.....	13-14
Mentoring/Education/Career.....	15-17
Legal.....	17
Animal.....	18
County/State Resources.....	18

Emergency/National Hotline

Name	Address	Contact information
211 Tennessee Helpline Free hotline that provides numbers of local businesses and services		Dial 211
American Red Cross Disaster relief, support for military families, health and safety training and education, blood donations, & international services	501 Memorial Blvd, Murfreesboro, TN, 37129 & 208 Davidson St, Fayetteville, TN 37334	615-893-4272
Bedford County Rescue Unit Technical rescues services including water rescue, land searches, and animal rescues	433 East Depot St., Shelbyville, TN, 37160	931-684-2434
Centerstone 24-Hour Crisis Hotline Available 24/7 to help with mental health crisis situations, suicidal thoughts, and more	604 South Wall St., Shelbyville, TN, 37160	800-681-7444
Contact Lifeline 24 hr. crisis hotline; Suicide, depression, referrals to other agencies	P.O. Box 1614, Tullahoma, TN, 37388	931-684-7133
TN Breast Feeding Hotline Support & information for breast feeding moms		855-423-6667
TN Poison Center Hotline Statewide poison emergency information and resources		800-222-1222

Child Services

Name	Address	Contact information
Bedford County Juvenile Court Offers counseling and referrals for unruly and delinquent behaviors	108 Northcreek Dr., Suite 16, Shelbyville, TN, 37160	931-735-6919
Department of Children's Services	1106 Madison St., Shelbyville, TN, 37160	931-680-6901
Centerstone Early Childhood Services	230 East Campbell Blvd. Suite 113, Columbia, TN, 38401	931-490-1580
First Choice Pregnancy Counseling Pregnancy tests, counseling, abortion information, referrals, STD and abstinence info, ultrasounds, baby needs, parenting classes	1102 Madison St., Shelbyville, TN, 37160	931-680-0066
Healthy Families Program Information, education, and services to first time parents/pregnant mothers, or parents of children less than three months of age	514 Belmont Ave., Shelbyville, TN, 37160	931-684-4676 EXT: 216
Help Us Grow Successfully (HUGS) Case management program that provides home-based intervention services to pregnant/postpartum women, children birth through 5 years and their primary caregivers	140 Dover St., Shelbyville, TN, 37160 (Bedford Co. Health Department)	931-684-3426
Imagination Library Supports literacy from birth to age 5	220 South Jefferson St., Shelbyville, TN, 37160	931-684-7323
Junior's House CAC/CASA Forensic interviewing for child sexual abuse	704 Maple St. W, Fayetteville, TN, 37334	931-438-3233
Prevent Child Abuse Statewide, private nonprofit agency that focuses on prevention for at-risk families in TN who need support during critical years	600 Hill Ave, Suite 202, Nashville, TN, 37210	Nurturethenext.org 615-383-0994

<p>South Central Relative Caregiver Program Provides and coordinates services for children and relative caregivers to access information to available services in the community</p>	514 Belmont Ave., Shelbyville, TN, 37160	931-684-4676 EXT: 205
<p>TN Child Abuse Hotline To report suspected child abuse in TN</p>		1-877-237-0004
<p>CASA Works, Inc. Court appointed special advocates for child abuse; Trains, recruits, and supervises volunteers to serve as advocates for abused children</p>	1301 E. Carroll St., Tullahoma, TN, 37388	931-455-7426

Domestic Violence/Homeless/Temporary Housing

Name	Address	Contact information
<p>Bedford County Listening Project Door-to-door outreach to work together around issues with housing</p>		931-492-9792
<p>Citizens for Homeless Relief, Inc. Provides food, clothing, and temporary shelter for the homeless</p>	712 1 st Ave, Tullahoma, TN, 37388	931-393-4818
<p>Haven of Hope Domestic violence/Sexual Assault intervention program that provides crisis counseling, safety planning, emergency shelter, court advocacy, financial counseling, public education and awareness</p>		931-680-3005
<p>Homes of Hope of Bedford County, Inc. Offering support to foster families, any families raising someone else's children & families in crisis</p>	P.O. Box 2239 Shelbyville, TN, 37162 611 Del Ray St., Shelbyville, TN, 37162	931-205-6869 hohobc@hotmail.com

Open Hands Shelter	116 & 118 Hickory Dr., Shelbyville, TN, 37160	931-212-3112
Parent and Domestic Violence Helpline For domestic violence help, provides Spanish- and English-speaking counselors for parenting questions and issues		800-356-6767
Sexual Assault Center Mission: "to provide healing for children, adults, and families affected by sexual assault and to end sexual violence through counseling, education, and advocacy" www.sacenter.org	101 French Landing Dr., Nashville, TN, 37228	615-259-9055 24 hr. Crisis & Support: 1-866-811-7473

Drug/Addiction/Tobacco

Name	Address	Contact information
Alcoholics Anonymous Central Office Hotline for those who suffer from alcoholism	417 Welshwood Dr. # 207, Nashville, TN, 37211	615-831-1050
Blue Monarch Residential recovery program that seeks to help mothers who are struggling with addiction to find healing and restore their lives	P.O. Box 1207, Monteagle, TN, 37356	931-924-8900
Brooks Healing Center Detox and rehab for addiction	1100 Cortner Rd, Normandy, 37360	931-740-1087
Cedar Recovery Outpatient recovery facility	2839 Highway 231 N, Suite 101, Shelbyville, TN, 37160	931-488-4014
Centerstone A not-for-profit provider of comprehensive mental health and addiction treatment services, offering therapy, group counseling, psychiatry services, and much more	604 South Wall St, Shelbyville, TN, 37160	Appointments: 888-291-4357 24 Hr. Crisis Hotline: 800-681-7144

<p>Elam Mental Health Center Provides mental health and rehabilitation services that include substance abuse treatment, detoxification, outpatient, inpatient, and residential services; Programs and groups for adolescents, persons with co-occurring mental and substance abuse disorders, pregnant and postpartum women, women and men</p>	<p>2000 Albion St., Nashville, TN, 37208</p>	<p>615-327-6256</p>
<p>Florence Crittenton Agency Residential and outpatient treatment programs. Accepts pregnant women</p>	<p>1531 Dick Lonas Rd. NW Unit C, Knoxville, TN, 37909</p>	<p>865-602-2021</p>
<p>Health Connect America Provides intensive in-home services for children and adolescents; Provides outpatient counseling & medication management for children adolescents and adults; Provides intensive outpatient (IOP) for adults & adolescents struggling with alcohol and drug issues as well as persistent mental health issues; Provides anger management and drug & alcohol classes for adolescents; Free alcohol and drug assessments every Wednesday from 2 PM – 5 PM</p>	<p>1612 N. Main St., Suite D, Shelbyville, TN, 37160</p>	<p>931-909-0050</p>
<p>Tennessee Tobacco Quitline Program to quit smoking</p>		<p>1-800-QUIT-NOW Or text “QUIT” to 615-795-0600</p>
<p>Tony Rice Center Offers the caring, safe, and supportive environment that is necessary to begin a new and meaningful start from co-occurring disorders and addiction</p>	<p>1300 Railroad Ave, Shelbyville, TN, 37160</p>	<p>931-685-0957</p>
<p>Volunteer Comprehensive Treatment Center, Inc. Outpatient substance abuse treatment center, Accepts pregnant women</p>	<p>237 Rossville Blvd, Chattanooga, TN, 37408</p>	<p>855-851-0988 423-509-0763</p>

Food/Clothing/Financial Assistance

Name	Address	Contact information
Bedford County Lions Club Eye exams, free glasses for eligible children and adults when available	P.O. Box 202 Shelbyville, TN, 37160	931-684-7152
Blended and Blessed Foster Closet Serving foster/adoptive & kinship families providing clothing, toys, hygiene products, school supplies, and other needed items for children in foster care. By appointment only		520-429-4065
Castle Ministries of TN Lay It Up Thrift Store	206 Madison St., Shelbyville, TN, 37160	931-773-3004
Catholic Charities of Bedford Co. Housing assistance, meals, medical care & insurance, job training & placement, counseling for individuals & families, etc.	210 S. Main St, Shelbyville, TN, 37160	931-735-6240
Community Outreach Partners (C.O.P.) Food boxes and clothes closet	1005 Belmont Ave, Shelbyville, TN, 37160	Joan Hall: 91-639-3320
Fairlane Church of Christ Food boxes available	101 Dow Dr., Shelbyville, TN, 37160	931-684-1583
Gateway Church Food and clothing giveaway Saturdays at 9:00AM	1250 Madison St., Shelbyville, TN, 37160	931-684-2794
Good Samaritan Association Mon/Wed/Fri. 9:00-11:30AM & 1:00-4:00PM	201 East Highland Ave., Shelbyville, TN, 37160	Thrift Store: 931-684-1189
Journey of Hope Midland Food ministry	3109 Midland Fosterville Rd., Bell Buckle, TN, 37020	615-233-5066
Mt. Zion Baptist Church Tues 9:00-11:00AM	506 Hill St., Shelbyville, TN, 37160	931-684-5807

Senior Citizen Center Meals on wheels, hot lunches daily	111 J G Helton Dr., Shelbyville, TN, 37160	931-684-0019
The Shelbyville Church (Angel Wings Program) Every third Thursday: food/clothing	1014 W. Lane St, Shelbyville, TN, 37160	931-492-4747
Shelbyville Community Soup Kitchen Home-cooked meals Tuesdays & Thursdays 4:00- 5:30; non-perishable items available by request	Mailing address: P.O. Box 2259, Shelbyville, TN, 37162 336 S. Cannon Blvd, Shelbyville, TN, 37160	931-735-6122
South Central Human Resources Financial assistance, meals for elderly, in-home care, protective services	301 Colloredo Blvd, Suite B, Shelbyville, TN, 37160	931-685-9962
St. William of Montevergine Catholic Church Food boxes	500 S. Brittain St, Shelbyville, TN, 37160	931-735-6004

Medical/Health

Name	Address	Contact information
Adoration Home Health	323 E. Lane St, Shelbyville, TN, 37160	931-298-3603
A Step Ahead Provide education on and access to free long acting reversible contraception (LARC)	P.O. Box 159002, Nashville, TN, 37215	615-671-7837
Aveanna Home Health & Hospice	1302 N. Main St., Suite 2A, Shelbyville, TN, 37160	931-488-5070
Baby and Me Tobacco Free Program (Bedford Co. Health Dept.) Quit smoking and stay smoke-free during pregnancy and after the baby is born. Free diapers available for staying smoke-free	140 Dover St, Shelbyville, TN, 37160	931-684-3426

<p>Bedford County Lions Club Eye exams, free glasses for eligible children/adults when available</p>		931-684-7152
<p>Breast & Cervical Cancer Health Program Yearly pelvic exams and pap tests</p>	710 James Robertson Pkwy, Nashville, TN, 37243	877-969-6636
<p>Community Clinic of Shelbyville and Bedford County, Inc. Non-profit healthcare organization seeking to meet the needs of the working uninsured, low-income adults</p>	200 Dover St. # 202, Shelbyville, TN, 37160	931-684-6772
<p>Centerstone Early Childhood Services Free in-home services for anyone pregnant, women 15-44, or families with children two and under. Offers care coordination, postpartum depression treatment, Baby & Me (tobacco free), fatherhood engagement, family education and more</p>	1110 Woodbury St., Shelbyville, TN, 37160	931-490-1580
<p>Department of Human Services Food stamps, Families First, Certificates, Medicaid, TennCare</p>	905 Madison St., Shelbyville, TN, 37160	931-685-5006
<p>Epilepsy Foundation of Middle & West Tennessee Education services, support, referrals</p>	701 Murfreesboro Pike, Nashville, TN, 37205	615-269-7091
<p>First Choice Pregnancy Center Pregnancy tests, counseling, abortion information, physician referrals, STD/abstinence information, ultrasounds, baby needs, classes</p>	1102 Madison St., Shelbyville, TN, 37160	931-680-0066
<p>Omni Center Privately owned outpatient physical therapy clinic for the treatment of orthopedic problems, neurological problems, as well as open wound, burn, back, and neck problems</p>	920 Colloredo Blvd, Shelbyville, TN, 37160	931-684-3024
<p>Primary Care & Hope Clinic Serves as a medical home for patients in Middle Tennessee, regardless of their ability to pay</p>	1701 N. Main St., Suite C, Shelbyville, TN, 37160	931-685-9000

TennCare www.tn.gov/tenncare		855-259-0701
TennCare Kids Full program of checkups and health care services for children who have TennCare. Free well-child exams check children's health at specific ages & perform physical, behavioral, developmental, dental, hearing, vision, and other screening tests to find any problems for treatment		931-694-3426
Vanderbilt Bedford Hospital	2835 US-231, Shelbyville, TN, 37160	931-685-5433

Mental Health

Name	Address	Contact information
Acts of Faith Group home for elderly and mentally challenged	406 Fairway Green Dr., Shelbyville, TN, 37160	931-735-6246
Agape Counseling	455 Trousdale Dr., Nashville, TN, 37204	615-781-3000
Branches Counseling Center The mission is to be a Christ-centered ministry that facilitates healing and hope for the WHOLE person, mentally, physically, and spiritually.	304 E. W. Depot St., Shelbyville, TN, 37160	931-685-2013
Caregiver Relief Program of Bedford County Support for caregivers of persons with Alzheimer's Disease	(Located inside Christ Lutheran Church) 500 Elm St., P.O. Box 584, Shelbyville, TN, 37160	931-685-9039
Centerstone A not-for-profit provider of comprehensive mental health and addiction treatment services, offering therapy, group counseling, psychiatry services, and more.	604 S. Wall St., Shelbyville, TN, 37160	Appointments: 888-291-4347 Crisis Line: 800-681-7444

<p>Centerstone Peer Support Services Center Free services for individuals with mental health issues</p>	<p>1110 Woodbury St., Shelbyville, TN, 37160</p>	<p>931-684-0522</p>
<p>Centerstone Crisis Line 24 Hr. crisis hotline for suicide, depression, referrals to other agencies</p>		<p>855-274-7471</p>
<p>Community Development Center Provides support and services to children, families, and individuals with disabilities Programs:</p> <ul style="list-style-type: none"> • Early Intervention Program/Child Development Center • Family Support Program • Independent Support Coordination (ISC) • Senior Loan Program • The Children’s Center for Autism • Employment Services 	<p>111 Eaglette Blvd, Shelbyville, TN, 37160</p>	<p>931-684-9203</p>
<p>Contact Lifeline 24 Hr. crisis hotline</p>		<p>931-684-7133</p>
<p>Health Connect In-home casework, therapy, and counseling as well as Intensive Outpatient (IOP) for at-risk youth, families, and communities</p>	<p>1612 N. Main St., Suite D, Shelbyville, TN, 37160</p>	<p>931-909-0050</p>
<p>KidLink Treatment Services Mental health treatment program for youth who have characteristics of autism, cognitive delays, deafness, medically fragility, psychiatric behavioral disorders, sexually abusive and/or reactive behaviors, and substance abuse issues</p>	<p>110 Westwoods Pl, Brentwood, TN, 37027</p>	<p>877-454-3703</p>
<p>Mental Health Cooperative Provides service to children and adults who have mental health problems.</p>	<p>1419 Kensington Square Court, Murfreesboro, TN, 37130</p>	<p>615-904-6490</p>
<p>Pinewood Springs A joint venture mental health & wellness hospital operated by HCA Healthcare’s TriStar Health and Maury County Regional Medical Center</p>	<p>1001 N. James Campbell Blvd, Columbia, TN, 38401</p>	<p>931-777-6000</p>

Riverbend Ranch Long-term care facility; Level 1 boys ages 10-18; Provides a balanced family life during the remaining of the boys' adolescence	239 Cortner Mill Rd., Normandy, TN, 37360	615-892-0599
Senior Citizen Center Daily activities and workshops	111 JG Helton Dr., Shelbyville, TN, 37160	931-684-0019
Skills Development Services Helps individuals with intellectual/developmental disabilities through residential/day services, personal assistance, and early intervention	111 Prince St., Shelbyville, TN, 37160	931-684-6976
System of Care Across Tennessee (SOCAT) Community-based services for children and youth with or at risk for mental health or other challenges and their families	500 Deaderick St, Nashville, TN, 37243	Laritha Fentress: 615-981-0074 Main Office: 615-532-6700
Youth Villages Services emotionally troubled young people through intensive in-home services, foster care, transitional living, adoption, and specialized crisis services	115 Dyer St., Suite 1, Columbia, TN, 38401	931-560-4220

Churches

Name	Address	Contact information
Bell Buckle United Methodist	110 Maple St, Bell Buckle, TN, 37020	931-389-6021
Believers Faith Fellowship	1293 Church St., Christiana, TN, 37037	615-535-2777
Blankenship United Methodist	3602 Midland Rd., Shelbyville, TN, 37160	931-437-25-99
Calvary Baptist	405 Lane Pkwy, Shelbyville, TN, 37160	931-684-1870
Cannon United Methodist	2424 Webb Gin House Rd., Shelbyville, TN, 37160	770-972-5463
Christ Lutheran Church	500 Elm St., Shelbyville, TN, 37160	931-684-0202

Edgemont Baptist Church	150 Fairfield Pike, Shelbyville, TN, 37160	931-684-7676
Episcopal Church of the Redeemer	203 E. Lane St., Shelbyville, TN, 37160	931-684-5506
Fair Haven Baptist	2726 US-231, Shelbyville, TN, 37160	931-680-9803
Fairlane Church of Christ	101 Dow Dr., Shelbyville, TN, 37160	931-684-1583
First Assembly of God	2510 US-231, Shelbyville, TN, 37160	931-684-4803
First Baptist	304 Depot St., Shelbyville, TN, 37160	931-684-1634
First Church of the Nazarene	834 Union St., Shelbyville, TN, 37160	931-684-3664
First Presbyterian	600 N. Brittain St., Shelbyville, TN, 37160	931-684-6541
Gateway Church	1250 Madison St., Shelbyville, TN, 37160	931-684-2794
Midland Heights Baptist	2706 Midland Rd., Shelbyville, TN, 37160	931-680-0507
Mt. Zion Baptist	506 Hill St., Shelbyville, TN, 37160	931-684-5807
The Shelbyville Church	1014 W. Lane St., Shelbyville, TN, 37160	931-492-4747
Shelbyville Mills Baptist	900 Union St., Shelbyville, TN, 37160	931-684-3625
Shiloh United Methodist	2547 TN-64 Scenic, Shelbyville, TN, 37160	931-684-0972
St. Williams of Montevergrine Catholic	500 S. Brittain St., Shelbyville, TN, 37160	931-735-6004
Victory Celebration Revival	1000 Colloredo Blvd, Shelbyville, TN, 37160	931-680-0302
Victory Independent Baptist	2200 N. Main St., Shelbyville, TN, 37160	931-684-8114
Whittaker Church of God Food distribution Center	1200 Bethlehem Church Rd., Shelbyville, TN, 37160	931-808-0135

Mentoring/Education/Career

Name	Address	Contact information
Adult Learning Center Educational services to adults ages 18 and older, including basic skills, GED preparation, and English language classes for non-native speakers	326 Depot St., Shelbyville, TN, 37160	931-684-8635
Boys & Girls Club of Bedford County Youth development organization with activities/programs in areas of: <ol style="list-style-type: none"> 1. Good character & citizenship 2. Academic success 3. Healthy lifestyles 	1055 Madison St., Shelbyville, TN, 37160	931-735-6525
Bedford County Department of Education Central Office	500 Madison St., Shelbyville, TN, 37160	931-684-3284
Bedford County Learning Academy	400 Elm St. #A, Shelbyville, TN, 37160	931-685-4347
Bedford Early Head Start Enrolls children from 6 weeks to 3 years	515 Rock St., Shelbyville, TN, 37160	931-685-0876
Cascade Elementary School	2998 Fairfield Pike, Wartrace, TN, 37183	931-389-0031
Cascade Middle School	1165 Bell Buckle Wartrace Rd., Wartrace, TN, 37183	931-389-9389
Cascade High School	3035 Fairfield Pike, Bell Buckle, TN, 37020	931-389-9394
Catholic Charities of TN, Inc. Provides in home educational services for parents CHAP Program: Free, voluntary programs providing in home parenting education, crisis intervention and case management for Spanish speaking families with children 0-8 years old.	210 S. Main St., Shelbyville, TN, 37160	931-735-6240
Community Elementary School	380 US-41A, Unionville, TN, 37180	931-685-1417
Community Middle School	3470 US-41A, Shelbyville, TN, 37160	931-685-1426

Community High School	100 Community Crossing, Unionville, TN, 37180	931-685-1418
Deery Eakin Elementary School	1100 Glenoaks Rd, Shelbyville, TN, 37160	931-684-7852
East Side Elementary School	421 Elliott St., Shelbyville, TN, 37160	931-684-7112
Harris Head Start Enrolls children 3-5 years of age for kindergarten readiness	610 Elm St, Shelbyville, TN, 37160	931-773-0033
Harris Middle School	570 Eagle Blvd, Shelbyville, TN, 37160	931-684-5195
Learning Way Elementary School	200 Learning Way, Shelbyville, TN, 37160	931-685-1425
Liberty School	500 Snell Rd., Shelbyville, TN, 37160	931-684-7809
Middle TN Education Center Partnership between Bedford County, MTSU, and Motlow	200 Dover St., Shelbyville, TN, 37160	931-685-4444
Motlow State Community College	6015 Ledford Mill Rd., Tullahoma, TN, 37388	931-383-1500
Northside Head Start Enrolls children 3-5 years of age for kindergarten readiness	105 Northside Park Dr., Shelbyville, TN, 37160	931-773-0141
School Age Care Program (S.A.C.P.) Provides quality before and after school childcare for K-8 th grade children. 12-month program Schools participating: <ul style="list-style-type: none"> • Cascade • Community • Eakin • East Side • Learning Way • Liberty • Southside • Thomas Magnet 	Main office: 500 Madison St., Shelbyville, TN, 37160	931-684-3285 EXT:1-2231

Shelbyville Central High School	401 Eagle Blvd, Shelbyville, TN, 37160	931-684-5672
Southside Elementary School	903 S. Cannon Blvd, Shelbyville, TN, 37160	931-684-7545
Tennessee Vocational Rehabilitation Center Career connecting/training for individuals with disabilities: Program of the Department of Human Services Division of Rehabilitation Services	1618 Railroad Ave, Shelbyville, TN, 37160	931-685-5017
Thomas Magnet School	515 Tate Ave, Shelbyville, TN, 37160	931-684-6818
Truth and Nails Technical Center Faith-based mentoring and trade skills such as metal working, wood working, home repair/remodeling, auto repair, and finish coating skills	219 Anthony Ln., Shelbyville, TN, 37160	931-680-9555
Victory Baptist Academy	2200 N. Main St., Shelbyville, TN, 37160	931-684-8115
Wartrace Head Start Enrolls children 3-5 years of age for kindergarten readiness	112 Bridgeview St., Wartrace, TN, 37183	931-389-6406

Legal

Name	Address	Contact information
Legal Aid Society of Middle Tennessee & the Cumberland Legal advice and resources	281 Industrial Blvd, Tullahoma, TN, 37388	931-455-7000
Rule 31 Listed Family Mediator Divorce and conflict mediation, martial asset distribution, parenting plan development	100 Public Square East, Shelbyville, TN, 37160	931-684-1010

Animal Services

Name	Address	Contact information
Bedford County Animal Control	205 Lane Pkwy, Shelbyville, TN, 37160	931-685-1130
Middle TN Spay & Neuter Clinic	846 Union St., Shelbyville, TN, 37160	931-684-5353
Shelbyville-Bedford County Humane Association		931-684-5463

County/State Resources

Name	Address	Contact information
Bedford County Clerk	100 Public Square W, Suite 102, Shelbyville, TN, 37160	931-684-1921
Bedford County Courthouse	1 Public Square E #200, Shelbyville, TN, 37160	931-684-3223