

## South Central Relative Caregiver Program

The holidays are here. October, November and December bring candy, turkey and good cheer, but it is easy to feel stressed and, sometimes, to ignore our personal health and well-being. October is [National Depression and Mental Health Screening Month](#) along with [Breast Cancer Awareness Month](#). November is [National Diabetes Awareness Month](#) and December, the season of giving, is [Safe Toys and Gifts Month](#). We wish you all the best for the holidays and the new year ahead.

### Activities & Resources

#### Bedford

[Fall Festival](#) - October 31, 2023, 5:30 PM - 7:30 PM. First Baptist Church Shelbyville 304 East Depot St., Shelbyville, TN, 37160 – A free event for the community!

[Wartrace Christmas Marketplace](#) - Sat, Nov 25 10:00 AM – 4:00 PM Wartrace, TN

[Journey of Hope Food Distribution](#)-3109 Midland Fosterville Rd, Bell Buckle, 37020, second weekend of every month (Fri. & Sat.)

#### Coffee

[Spooky Chess](#) – Thursday October 26, 6pm, Manchester Public Library, 1005 Hillsboro Blvd., Manchester, TN

[Tullahoma Christmas Parade](#) - Friday, December 1st at 7:00 PM, North Jackson St., Tullahoma, TN 37388

[Storehouse Food Pantry](#) - 607 Hickerson St, Manchester, 37355, every Thursday 10:00-12:00

#### Franklin

[Winchester Downtown Boo Bash](#) - Trick-or-Treat on the Square, October 28, 2023, *check Facebook for times*

[A Merry Little Downtown Christmas](#) – December 8-9, 2023, Winchester, TN 37398

[Journey Church](#)-Food boxes every third Thursday 2:00-4:00, 916 Dinah Shore Blvd, Winchester, 37398

#### Giles

[Autumn Fest 2023](#) - October 14 @ 10:00 am - 8:00 pm, 3 free bands, food trucks, children's activities

Big Creek Winery 1900 Crescent View Road, Pulaski, TN

[Pulaski Christmas Parade](#) – Saturday, December 9 5:00 - 7:30 PM, 110 North 2nd Street, Pulaski, TN

[God's Storehouse](#)-947 E. College St, Pulaski, 38478-Food distribution and thrift store

#### Grundy

[Annual Christmas Bazaar](#) – Free General Admission, Saturday, December 2 · 9am - 4pm, Shelton Farms Event Venue, 2124 U.S. 41 Pelham, TN

[Grundy County Food Bank](#)-831 Main St, Tracy City, 37387; Every Tuesday 8:00-10:00am

124 Public Square East  
Shelbyville, TN 37160



### Upcoming RCP Events

#### October

Pumpkin Patch at Lyons Family Farms in Taft, TN on 10/07!

### Important Announcements

- RCP requires final custody court order, caregiver be age 21-years or older and caregiver agrees to establishment and enforcement of child support.
- Angel Tree planning begins in October. Your Family Advocate will discuss it with you on the monthly home visits.





**Hickman**

Christmas Time's a-Comin' Arts and Crafts Fair – Nov 18, 3– 10 PM, East Hickman Elementary School, 5191 Highway 100 Lyles, TN  
Hickman Cares-123 Church St, Centerville, 37033, 3<sup>rd</sup> Thursday & 3<sup>rd</sup> Saturday, 9:30-12:30

**Lawrence**

Fall Festival at Busby Church - Sat, Oct 21, 11 AM, 19 Busby Road, Loretto, TN  
Lawrence County Christmas Parade - Sat, Dec 2, 5 PM, Downtown Lawrenceburg, TN  
Blessing Boxes: 3 Locations – (1) First Baptist Church, 2100 Springer Rd, Lawrenceburg (located on north side of building), (2) The Leoma Café, 2571 Highway 43 S, Leoma, (3) Summertown Elementary, 319 Corbin St, Summertown

**Lewis**

Lewis County Museum of Natural History - 108 East Main Street, Hohenwald, TN Admission: Adults \$5, Seniors \$4, Students \$2  
Lewis County Food & Clothing Bank-131 Hankins Dr., Hohenwald, 38462, Mon-Fri, 10:00-3:00

**Lincoln**

Fall Fun Festival - Sun, Oct 29, 5–8 PM, Church of Christ 209 Washington St E, Fayetteville, TN  
31st Annual Host of Christmas Past - Saturday, November 11th from 9:00 am-7:00 pm, Christmas Themed Street Festival in historic downtown square of Fayetteville, TN.  
Good Samaritan Food Bank-Mon-Wed 9:00-12:00, food boxes distributed by appointment, 208 West Davidson St, Fayetteville, TN

**Marshall**

2023 LEWISBURG LIONS CLUB OCTOBERFEST- Sat, Oct 7, 6:30 AM – 1:00 PM, Crafts, Live Music, Car Show, Games. Rock Creek Park, 101 Old Farmington Rd, Lewisburg, TN  
CHRISTMAS BAZAAR - November 18 8:00 am- 2:00 pm, Marshall County High School 661 W. Ellington Pkwy, Lewisburg, TN  
Harvest of Hope Food Pantry-402 N. 2<sup>nd</sup> Ave, Lewisburg, 37091

**Maury**

Pumpkin Paradise at Satterwhite Farm – Fridays –Sundays, \$8 General Admissions Ages 2+, 3005 Sheegog Lane Columbia, TN  
Columbia Cars and Coffee- October 21, 8:00 - 11:00 am, Cars, Coffee & Music. Third Saturday of every month, Columbia Motor Alley 801 Woodland St, Columbia, TN  
Harvest Share Food Pantry-419 W. 9<sup>th</sup> St, Columbia, 38401, Mon-Fri 10:00-2:00

**Moore**

HALLOWEEN IN THE HOLLER – Oct. 31, Lynchburg, TN  
CHRISTMAS IN LYNCHBURG – Dec. 2, Lynchburg, TN  
Farmer's Market–Every Friday from 12:00– 5:00– Moorehead Pavilion at Wiseman Park, Wiseman Park Road, Lynchburg, TN 37352

**Perry**

Drive-Thru Community Baby Shower – Sat. October 28 (Rain date: November 4), 9am-12pm, Veterans Park, 445 Old Highway 13 North, Linden, TN (enter park off Old Hohenwald Rd.)  
Downtown Halloween – October 28<sup>th</sup>, 4pm – 7pm  
Linden Baptist Church- Oct. 19, Nov. 16, Dec. 14, call to register 931-516-5100; Linden Baptist Church Fall Fest October 28, 4pm-7pm

**Wayne**

Sharing is Caring Pantry-108 E. Pillow St. Clifton, 38425, 2<sup>nd</sup> Saturday of each month.



**Support Groups**

**Bedford County**

Every 1<sup>st</sup> Tuesday 9:30-11:00  
124 Public Square East.  
Shelbyville, TN, 37160

**Coffee County**

Every 2<sup>nd</sup> Wednesday 10:00-11:00  
312 N. Collins St.  
Tullahoma, TN, 37355

**Franklin & Grundy Counties**

Every 2<sup>nd</sup> Monday 2:00 – 3:00  
105 S. Porter St.  
Winchester, TN, 37398

**Giles County**

Every 2<sup>nd</sup> Wednesday 10:00-11:00  
122 S. 2<sup>nd</sup> St.  
Pulaski, TN, 38478

**Hickman County**

Every 4<sup>th</sup> Friday 10:00-11:00  
103 College Ave.  
Centerville, TN, 37033

**Lawrence County**

Every 2<sup>nd</sup> Thursday 10:00-11:00  
702 Mahr Ave.  
Lawrenceburg, TN, 38464

**Lewis County**

Every 4<sup>th</sup> Wednesday  
15 Kyle Ave.  
Hohenwald, TN, 38462

**Lincoln County**

Every 2<sup>nd</sup> Thursday 10:00-11:00  
306 Elk Ave. N.  
Fayetteville, TN, 37334

**Marshall County**

Every 2<sup>nd</sup> Tuesday 10:00-11:00  
310 Old Farmington Rd.  
Lewisburg, TN, 37091

**Maury County**

Every 3<sup>rd</sup> Friday 11:00-12:00  
119 Nashville Hwy #106  
Columbia, TN, 38401

**Moore County**

Every 2<sup>nd</sup> Monday 1:30-2:30  
17 Lynchburg Hwy.  
Lynchburg, TN, 37352

**Perry County**

Every 4<sup>th</sup> Tuesday 9:00-10:00  
113 Factory St.  
Linden, TN, 37096

**Wayne County**

Every 1<sup>st</sup> Thursday 10:00-11:00  
100 Court Cir. # 301  
Waynesboro, TN, 38585