

Catholic Charities

Upcoming Free Events

JAN 30
2025

Bring Us Your Recipes!

Use our list of food pantry items and create & share some budget friendly meals with us!

FEB
2025

Income Tax Savings Time!

Join us with a tax professional on how you can better budget your income taxes to last you all year

MAR
2025

Nutrition Awareness Month!

Join us with a nutritionist and WIC expert to talk about healthy and budget friendly meals for kids

APRIL
2025

Financial Literacy

Join us with a financial professional from Citizen's Bank to learn some budgeting skills

MAY
2025

Mental Health Awareness Month!

Join us with a mental health professional from Centerstone to discuss ways we can all take care of our mental health needs

JUNE
2025

Silly Kidz Yoga

Bring your kids and lets get some of that energy out while learning some relaxation techniques!

JULY
2025

To Be Determined!

Feel free to share some ideas of what event you would like to see for this month!

→ 103 SE ATLANTIC ST,
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Diocese of Nashville
Catholic
Charities
LOVE + HOPE
HEALING

CALL 931-563-
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INFORMATION