



# RURAL HEALTHCARE RESILIENCY PROGRAM

## *Our Mission*

*To empower individuals and families in rural communities with the tools, resources, and support needed to improve health outcomes, build resilience, and overcome barriers to care.*

### INDIVIDUAL SERVICES



#### **Comprehensive Intake & Needs Assessment**

Understand health, mental health, housing, education, and social support needs.

#### **Care Coordination**

Personalized goal planning, advocacy, barrier removal, and follow-up.

#### **Resource Navigation**

Assistance with healthcare, housing, food, childcare, utilities, legal aid, and employment.

#### **Crisis Support & Safety Planning**

Immediate guidance in urgent situations.

#### **Digital Access & Device Lending**

Phones, tablets, or hotspots for eligible clients to support healthcare, education, and connectivity.

### Group Services



#### **Workshops & Group Sessions**

Coping skills, stress management, parenting, and healthy relationships.

#### **Dadvocracy**

Husband & Father inclusion and engagement through outdoor and drop by activities

#### **Veterans Support**

Activities for veterans and their families.

#### **Pop-Up Events**

Community outreach and resource fairs.

### **Every Plan is Personalized**

*Our Community Care Navigators don't just hand out resource lists — they walk beside families, providing:*

- *Encouragement and consistency*
- *Barrier removal and advocacy*
- *Celebration of milestones, big and small*
- *Sets Realistic, Strengths-Based Goals*
- *Empowering Families Through Holistic Case Management*

*At the heart of our work is compassionate, personalized care — designed to help families move from crisis to confidence.*

📍 Contact Us / Make a Referral  
Rural Healthcare Resiliency Program

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Serving the South Central Region of Tennessee  
(Wayne, Perry, Hickman, Lewis, Lawrence, Maury, Giles, Marshall, Lincoln, Bedford, Moore, Coffee and Franklin)  
**Reach out to connect with our services or to refer someone in need of support.**