



Sumner Co. Family Resource Guide



Sumner County
Health Department

Food and Emergency Assistance

United Way Help Line

Dial 211-free & confidential service to help find local resources.

Join Community Unity Sumner TN Facebook page for notifications of community food box giveaways, job fairs and other community resources.

Mid Cumberland Community Action Agency

600 Small St., Gallatin

615-742-1113

<https://midcumberland.org/>

Commodity foods, rent & mortgage payment assistance, help with heating & cooling bills.

Feed Sumner Food Bank

1121 Gregory Dr., Gallatin

615-348-4470

<https://feedsumner.org/>

Food giveaways on the 2nd Saturday of the month from 8-11 a.m. Bring ID & proof of residency in Sumner County. Follow on social media for dates & times of monthly Friday night open shopping.

Sumner County Schools Family Resource Center

615-451-6548

Contact your child's school guidance counselor or the Resource Center. Clothing, food, toiletries and shoes for Sumner County school students Pre-K - Grade 12; additional services available for homeless students.

Gallatin CARES

330 North Durham Ave., Gallatin

615-452-5732

<https://www.gallatincares.org>

Food Box Giveaways on

Wednesdays 8:30-11 a.m. for Gallatin residents with photo ID

Gallatin Shalom Zone

600 Small St., Bldg. B, Gallatin

615-442-7575

<https://gallatinhalomzone.org>

Personal Hygiene & Diaper Pantry on Wed 10-2

Ramsey Clothing Closet/

The Paraclete Center

@ West Eastland Church of Christ

312 North Durham St., Gallatin

615-206-8629

www.paracletecenter.org

Free clothing the 2nd & 4th Saturday of the month from 8 a.m.-noon

St. John Vianney Catholic Church

Society of St. Vincent DePaul

449 North Water Ave., Gallatin

615-452-2977 ext. 11

<https://saintvincentsumner.corn/get-help/> Emergency assistance

including food, clothing, prescription medications, utility bill, rent, furniture & household items to people in need.

Old Union Church of Christ

Community Pantry

2505 Hartsville Pike, Castalian Springs

Mark 12:31 Project- Community Food Pantry open every 2nd Saturday of the month.

Non-perishable food items available.

Food and Emergency Assistance

Northfield Church - The Sumner Center

2100B Nashville Pike, Gallatin 615-989-3537

www.thesumnercenter.com

Office hours Mon. & Wed. 8 a.m.-4 p.m.;

call for appointment on other days

Food boxes, Dental Clinic with Hope Smiles,

Sumner Family Resource Center

Sumner County Missions @ Hendersonville Church of God

724 East Main St., Hendersonville
615-824-6855 or 615-507-0740

Once a month food giveaway on a selected Saturday from 12-2 p.m

Call/or dates of giveaways or follow on Facebook

Our Lady of the Lake Catholic Church Society of St. Vincent De Paul

1729 Stop 30 Road, Hendersonville
615-338-3921

Emergency assistance including food, prescription medications, utilities and rent for people in need.

Good Shepherd United Methodist Church

525 New Shackle Island Rd.,
Hendersonville 615-822-4531

GSUMC Food Pantry

Tues. & Thurs. 10 a.m. - 12 p.m. Every
3rd Saturday 10 a.m. - 12 p.m.

Veteran Food Pantry- VFW Post 9851

73R New Shackle Island Road,
Hendersonville 615-824-9851

Saturday 9 a.m.-11.am.

DD214 OR VA Card required

Hendersonville Samaritan Association

116 Dunn St., Hendersonville
615-824-7105

Mon.-Thurs. 9 a.m.-4 p.m., Fri. 9 a.m.-1 p.m.

Hendersonville residents only

Food pantry, thrift store, emergency assistance with rent, house payments, utility bills & prescription costs (limited), help with clothing & furniture.

Hendersonville Church of the Nazarene

159 Luna Lane, Hendersonville 615-824-4411

Every 2nd and 4th Thursday of the month. from 4:30

- 6:00 p.m. Food pantry for Sumner County residents with photo ID

Food and Emergency Assistance

Hands of Hope Food Pantry

101C South Russell St., Portland

615-448-5742

Tuesday, Thursday & Saturday from
9-12 Families may come shop once
every 14 days

Portland Cares

617 Hwy 52 E, Portland

615-325-7805

Mon.-Thurs. 9 a.m.-3 p.m., Fri. 9
a.m.-1 p.m. Residents of Portland
only - food pantry, emergency
assistance with rent, utility bills,
clothing & prescriptions, thrift
store

Highland Adventist Community Services

100 Highland Circle Dr., Portland

615-325-3925

Sunday 1-4 p.m., Tues. 9:30-noon
Free Food Bank & Thrift Store

Blessings Boxes in Sumner Co.

<https://www.google.com/maps/d/viewer?mid=18YR7pYUqP-dP8p-oz5bsQhR5BJAQnRE&ll=36.46785983426736%2C-86.477221&z=11>

These are small, public pantries
where people can donate or take
non-perishable food items and
toiletries.

Portland Pay It Forward

201 College St., Portland

615-812-3059

www.portlandpayitforward.org

Drive thru food pick-up - every other
Friday from 10 a.m.-12 p.m.

Self serve food days - from 11 a.m.
until food is gone on Tues., Thurs., Sat.
and Sunday

Goodlettsville Help Center

108 Depot St., Goodlettsville

615-859-4706

Monday-Friday 10:30 a.m.-2:30 p.m.
Food pantry, Thanksgiving Food Boxes &
Christmas Toy Store for residents of
Goodlettsville
& Millersville - zip code 37072

New Vision Ministries

5460 New Hwy. 3 IE, Westmoreland

615-644-6446

Food pantry 2nd & 4th Mondays from
9:30 a.m.-11 a.m.

Westmoreland Food Bank

5004 Austin Peay Hwy., Westmoreland

615-644-4357

For residents of Westmoreland &
Bethpage zip codes.

Food Box Giveaways on 1st & 3rd
Wednesday

10 a.m.-noon. Photo ID, proof of
address & proof of family income
required.

Food and Emergency Assistance

Westmoreland Dream Center

*3012 Thompson Lane, Westmoreland
(old elementary school)*

615-644-6446

*Check their Facebook page for dates
& times for food & clothing
giveaways*

White House HOPE Center

*1115 Highway 76, White House
615-672-0298*

*Monday, Tuesday, Thurs. & Friday 9
a.m.-1 p.m. Must live within 4 mile
radius of the center of White House
Emergency assistance with rent,
mortgage & utility payments, fuel
costs & clothing, thrift store*

White House HOPE Food Bank

*212 Portland Road, White House
615-672-8006*

*Open Tuesday- Friday 9 a.m.-1 p.m.
Must live within 4-mile radius of the
center of White House
Open shopping at the food pantry*

Family Resources

Poison Control Helpline

1-800-222-1222

Department of Human Services

393 Maple Street, Suite 200, Gallatin

615-451-5814 or 1-866-961-9001

<https://tn.eov/humanservices>

Food Stamps (SNAP), Families First (TANF),
Childcare Certificate/Assistance Program (Smart
Steps), Medicaid, TennCare

Social Security Administration

637 Commons Drive, Gallatin 1-800-772-1213

www.ssa.gov

SSI/Disability, Social Security numbers & cards

Department of Children's Services

393 Maple Street, Suite 201, Gallatin

615-451-5818

www.tn.gov/dcs.html

Foster Care, Child Abuse & Neglect Prevention &
Investigation, Adoption

Child Support Services

109 West Main St., Gallatin

615-451-5829

www.tn.gov/humanservices

Collection, enforcement & distribution of child
support, help establish paternity to collect child
support.

TN WIC Program

www.tn.gov/wic

Information on Tennessee WIC Program, income
eligibility and clinic locations.

TN Early Intervention System (TEIS)

1-800-852-7157

[https://www.tn.gov/didd/for-](https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html)

[consumers/tennessee-early-intervention-](https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html)
[system-teis.html](https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html)

Educational program for families of children
birth thru age 2 with disabilities or
developmental delays; provides screenings and
treatment.

Rainbow Early Intervention

545 Airport Road, Gallatin

615-575-4113 or 615-451-0974

www.hatstn.org

Early intervention program for children birth to 3
years of age with a diagnosis that places child at
risk for developmental delays or those with
identified delays.

Sumner County Board of Education

695 East Main St., Gallatin

615-384-4404

Call to make a referral if you think your child may
have a speech, language, or developmental delay.
Special education classes/preschool for children
ages 3-5 with developmental delays or
disabilities.

Foster Families Assistance Network (FFAN)

13 Industrial Park Drive, Suite 100, Hendersonville

615-686-9156

<http://fosterfamilyassistance.com/>

ffaunited@gmail.com

Non-profit that assists foster, kinship and
adoptive families with items they need. Follow on
Facebook for store hours.

Gallatin Shalom Zone

600 Small St., Suite 107, Gallatin

615-442-7575

<https://gallatinhalomzone.org>

After school programs, summer camps &
enrichment programs, Summer Street Feed,
quarterly Community Saturday, ESL classes for
adults, Wed. Hygiene Pantry

Our Chance TN

Catholic Charities Diocese of Nashville

600 Small St., Gallatin 615-670-8239

www.ourchancetn.org

Financial counseling, customized resources and
personal coaching to help families meet their
financial goals. Client financial assistance.

Family Resources

Books from Birth - Governor's Foundation Dolly Parton Imagination Library

www.GovernorsFoundation.org

615-253-3600 or 1-877-99-BOOKS

Register your child to receive a free, new book mailed to your home from birth until your child turns five.

Kid Central TN

www.kidcentraltn.com

Tennessee's one stop source for information & resources for your family - includes child development, parenting information & service directory.

Nurture the Next Helpline 24/7

615-383-0994

nurturethenext.org

Parents as Teachers in-home support program to connect to resources that meet your family needs, learn exiting ways to interact with your child.

TN Voices for Children - FAST Program

615-269-7751 or 1-800-670-9882

ww.tnvoices.org/fast

Help for parents & families with parenting & coping skills, peer support and links to therapeutic services

New Vision Nurturing Parenting Program

615-445-8711

<https://nvitn.org/parenting/>

Classes for parents & caregivers of children ages 0-8 that focus on parenting issues and help strengthen families. Classes are provided once a week for 4-6 weeks and a free of charge.

The Center for Family Development Healthy Families America

931-645-3976

Free voluntary program to offers support to new parents and their newborns. Parents in the 2nd & 3rd trimester of pregnancy and those with children less than three months of age.

Ashley's Place-Sumner Child Advocacy Center

315 West Smith St., Gallatin

615-451-2169

www.ashleysplace.net

Child friendly interviews & therapy for child victims of physical & sexual abuse or witnesses to violence

Unlimited Potential Hygiene Pantry

260 E Winchester St, Gallatin, TN 37066

Community Life Center Gym

Tuesdays from 10:00 AM - 2:00 PM

Free hygiene items based on family size.

Free Formula Exchange

<https://freeformula.exchange/request-formula>

allows families in need of baby formula to connect with others who have formula to donate.

Mid Cumberland Public Transit

<https://www.mchratransit.org/>

(615)452-5868

Provides low fare transportation services in county or out of county.

Diaper Resources

Unlimited Potential Community Life

Center Gym @ First Baptist Church

260 East Winchester St., Gallatin

615-230-5906

50 free diapers per month per child, up to size 6

Thursdays from 12 p.m. to 4 p.m.

Gallatin Shalom Zone

600 Small St., Gallatin

615-442-7575

Free diapers available once monthly per child

Wednesday 10 a.m. to 2 p.m.

Photo ID and proof of guardianship/custody of children that diapers are being requested for

Nashville Diaper Connection

Diapers for Diploma Scholarship

Awards parenting students with 200 diapers per month for a full academic year. Apply at

www.nashvillediaperconnection.org/diapers-for-diplomas-1

TennCare Diaper Benefits

TennCare and CoverKids members under the age of two qualify for up to 100 diapers/month at no cost Learn more about the benefit & find a participating pharmacy at TN.gov/TennCare/diapers

Housing & Shelters

Gallatin Housing Authority 401

North Boyers Ave., Gallatin

615-452-1661

www.gallatinha.com

Monday-Friday 8 a.m.-4:30 p.m.

*Public Housing, Section 8 housing
certificates*

Portland Housing Authority

107 Potts Ave., Portland

https://portlandtn.ha.org

615-325-4559

*Public Housing, Section 8 housing
certificates*

Grace Place

615-881-3976

www.graceplaceministryinc.org

*Serving single mothers & children
who are experiencing homelessness.*

*Provides shelter, food, financial &
money management training,
parenting classes, job & computer
skill training and children's
programs.*

Homesafe

615-452-4315 or Embrace/Espanol

615-969-3260 www.homesafeinc.org

*Domestic violence shelters,
counseling & crisis intervention,
support groups, court advocacy*

Operation Stand Down

115 N 3rd Street, Clarksville

Serves Sumner County

931-896-2185 https://www.osdtn.org/

*Monday-Thursday 8am-4:30pm, Friday
10am-4:40pm*

*Provides housing, career services,
food boxes, and VA benefits help to
veterans and their families.*

Legal Assistance

Legal Aid Society

106 Public Square, Suite 109, Gallatin

615-451-1880 or 1-888-475-4150

www.las.org

*Free legal help for low income, civil cases only
(no criminal cases), tax problems, money &
health issues, family & domestic issues, disability
& housing issues. Schedule & locations for Free
Legal Clinics posted on website.*

Compassionate Counsel

<https://www.compassionatecounsel.org/get-help>

615-933-8109

*Free legal clinic in Gallatin, Hendersonville &
Nashville - by appointment only*

A Better Balance

1-833-633-3222

abetterbalance.org/get-help

*Free and confidential legal helpline to help you
understand your workplace rights around caring
for yourself and your family*